



Summer Program

JUNE 3RD - JULY 18TH*



**\$85/child,
scholarships
(including clubs)
are available!**

Register Now!

www.firstteetopeka.org

Berkshire (Mon./Wed.)

Ages 6-9 - 9am-11am

Ages 10-11 - 11:30am-1:30pm

Shawnee Country Club

(Tue./Thur.)

Ages 12-13 - 9am-11am

Ages 14+ - 11:30am-1:30pm

TopCITY Golf (5:30pm-7:30pm)

Ages 6-9 & 10-11 on Tue./Thur.

Ages 12-13 & 14+ on Mon./Wed.

Firekeeper Golf Course

(Mon./Wed.)

Ages 6-18 - 9am-11am

No classes July 1st-5th



First Tee Program Overview

Experiences are our greatest teacher. First Tee believes in developing the ones that are just as fun as they are meaningful, where kids feel excited to grow, safe to fail, and better equipped for whatever comes their way next.

Participants in the First Tee Program engage with trained, caring adult coaches and mentors, and interact with a curriculum that is both developmentally and age appropriate to meet participants where they are and address their ever-changing needs – including their emotional and social needs as they are surrounded by and working with peers their same age.

We are committed to providing programs that build character and instill life-enhancing values through the game of golf, and our curriculum has evolved to increase our impact, relevancy and scale. The curriculum is centered around First Tee's **Commitment to Being a Game Changer®**. The five Key Commitments are the life skills we want our participants to adopt and pursue – these are the keys to unlocking good character:

- Pursuing Goals
- Growing through Challenge
- Collaborating with Others
- Building a Positive Self-Identity
- Using Good Judgment

The First Tee Program curriculum is organized around four age groups:

- **Age 7-9:** Coaches deliver lessons that **introduce and engage** participants with both golf and life skills. Kids get active and play golf with their peers.
- **Age 10-11:** Coaches deliver lessons that support the **exploration** of both character and golf skills in active and collaborative ways.
- **Age 12-13:** Coaches deliver lessons that **empower participants** to explore both golf skills and character commitments through opportunities for mastery and growth.
- **Age 14+:** Coaches deliver lessons that help participants **elaborate** on their understanding and place a greater emphasis on their personal development.

Ultimately, we are **Building Game Changers** by empowering kids and teens to be the best version of themselves.

Commitment to **Being a Game Changer**



Pursuing Goals

I am excited to grow and learn.

I am not afraid to fail.

I am learning from both my achievements and setbacks.



Growing through Challenge

I am discovering my inner strength.

I am developing resilience.

I can dig deep when things get tough.



Collaborating with Others

I respect other perspectives, especially when they are different from mine.

I show kindness, consideration, and care for others.

I know that my attitude and how I treat others have an impact.



Building Positive Self-Identity

I am finding my self-confidence.

I am discovering what I'm capable of.

I feel safe to be myself.



Using Good Judgment

I respect rules in golf and in life.

I am honest with myself and with others.

I have the courage to do what's right, even when it's hard.

I can change the game and change the world
by simply being the best version of myself.

I am a Game Changer.